



Kennington Memory Club

Living well with dementia
Registered Charity 1179830

June 2023

To all Kennington Memory Club members and carers.

Welcome

As Kennington Memory Club (KMC) trustees and staff we are delighted to be able to welcome you to the Club. We hope that all members will have a fun, stimulating, enjoyable time at the Club.

Lunches

Lunches, for which there is an extra charge, are supplied by Auditcare, the Company which runs two care homes in Kennington. A two-course hot meal is supplied, with the alternative of soup, a sandwich and dessert, if preferred. Members can bring their own packed lunch if they are more comfortable with that option.

Attendance

If there is any reason why a member will not be attending a Club session when they would be expected, please make sure that the Organiser is informed of this absence with as much notice as possible. Organiser's phone number 07852 883496.

Health

We try to make sure all our members remain fit and healthy. During their time at the KMC Day Centre members will all have their own armchair and table space for the day.

If a member has any signs or symptoms of ill health they should not attend the Club and the Organiser should be informed. We do ask that all members have received their Covid vaccines, unless this is medically counter-indicated for them. Nowadays we ask that anyone who has any symptoms that might be Covid-related stays away from the Club and does a lateral flow test before returning. Also if anyone has contact with

someone who subsequently becomes ill with Covid, they should also test themselves. Test kits are currently available from the Club.

If a member becomes unwell during their day at the Club, they will have to return home for their own well-being and to safeguard that of all other members, staff and volunteers.

Safety Matters

Whilst the safety of our members is paramount, the building is not completely secure, with the doors being locked at all times. Please make sure the Organiser is aware if a member is likely to wander outside the building.

Carers Support Group

Our Carers Support Group meets once a month at 2pm, alternating between Mondays and Thursdays. Tea, cake, conversation, information and support are all on the agenda. Gillian Cox arranges these meetings and she will send the details round by email.

Comments and Queries

If you have any comments, compliments, questions or feedback about the Club, we would like to know. Please do not hesitate to speak to Helen, the Organiser, another member of the staff, or to Isobel Birse, the KMC Chairman. Otherwise you can pass on your thoughts by phone and email. Details given below. Thank you.

Finally

We do hope that, as a new member, you settle in easily and quickly and enjoy your days at the KMC Day Centre. If you are a carer, we hope you appreciate and benefit from the time you have to yourself and the respite it provides from your caring responsibilities.

With best wishes,

Isobel Birse,	Chairman, Kennington Memory Club chair@kenningtonmemoryclub.org.uk	07843 755564
Helen Little	Organiser, Kennington Memory Club memoryclub1@outlook.com	07852 883496



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Kennington Memory Club Needs Help!

Ways you can support Kennington Memory Club

Kennington Memory Club (KMC) Trustees are always very appreciative of any support that may be offered to the Club and its members. The three main ways of helping are

- supporting the events put on by the Club,
- volunteering time and specific skills,
- financial donations.

Events

Kennington Memory Club puts on events such as Sales of Goods, Cream Teas, sponsored activities, Christmas table sales, etc. Information about these is usually circulated to members and carers, highlighted on our website, and publicised in local area Newsletters and Facebook Groups. Gifts of items or produce for sale are always appreciated. Attending these events also supports the Club. When purchases are made on these occasions, cash is not essential, as payments can now be paid using a credit or debit card.

Volunteering time and skills

Apart from the small team of paid professional staff, the club is run by dedicated volunteers. These include the Trustees and Management Committee members, volunteers who support the staff on Club days and others behind the scenes who organise fund raising events and provide IT support. If you, family or friends (particularly those with skills in specific areas e.g. music, singing or other activities for club members, IT and fundraising) might be able to help, Isobel Birse, Chair of Trustees would be delighted to hear from you. Please email her chair@kenningtonmemoryclub.org.uk. If helping with events appeals to you, Chris Foster is our fund-raising supremo. Please email her on jfauthor@aol.com.

Financial donations

The Club welcomes any monetary donations to help with its financial balancing act. This could be a one-off donation or on a more regular basis. If you are a tax-payer, gift-aiding any donation increases the benefit to the Club by 20%. As you may be aware, the Club welcomes **Friends**, people who support the aims of KMC, who are invited to make a regular donation by standing order. Friends are entitled to vote at the AGM and are invited to periodic social occasions. Further information on becoming a Friend can be found on the KMC website or by emailing the Treasurer, Hugh Fleming treasurer@kenningtonmemoryclub.org You are warmly encouraged to highlight this opportunity to all family members and friends.

You may also think about recommending KMC to any organisation you are associated with, e.g. your employer or a sports club or social group, who raise money for donating to nominated charities. If you are a member of a local council or are aware of any trusts who donate to charitable concerns such as KMC, please bring them to our attention.

As with many charities, the club would always be very appreciative of receiving a legacy, or donation in remembrance of a supporter of the club.

Thanking you in advance for any help or support you or someone you know can give to Kennington Memory Club.

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07843 755564

Chris Foster Chairman, Kennington Memory Club Fundraising Committee
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