



Kennington Memory Club

Living well with dementia
Registered Charity 1179830

Newsletter Summer 2023 Issue 4



** Stop Press **

Spaces at the club
have increased
from 10 to 12
per session.



From a Volunteer

“I run a craft session at KMC. It is very rewarding to see the pleasure the members get from these monthly crafting afternoons.”

Read more from Janet on page 3



We Meet

Kennington Methodist Church,
194 Upper Rd
Kennington
Oxford, OX1 5LR

Mondays & Thursday



Our Aims

We provide a safe and supportive meeting place for people with dementia, where individual strengths and abilities can flourish. Members will have the opportunity to exchange memories and opinions, take part in a choice of stimulating activities and enjoy a shared meal.



From our Chairman, Isobel Birse

Welcome to this 2023 edition of Kennington Memory Club Newsletter.

The Staff, Volunteers, Committee Members and Fundraisers continue to offer the best environment and service they can at Kennington Memory Club Day Centre for people with a diagnosis of dementia, whilst allowing their carers some valuable respite from their responsibilities. Fun, activities, laughter, singing, games and much more is what awaits our members each Club session.



Organiser Helen running a quiz

Delicious hot lunches are now being provided by Auditcare, the company which runs two residential homes in Kennington. We thank our previous supplier, MacIntyres, for the lunches they had been provid-



Joining the Club

Waiting list operates for spaces at the club. Please do put Prospective Member's name on list early.

A taster session is offered to new members.

For more information please call our Organiser, Helen (07852 883496) or email memoryclub1@outlook.com



Becoming a "friend"

Friends of KMC are people who wish us well, and want to support our aims. Some of them are also volunteers at Club sessions or are active fundraisers for us.

The Friends of KMC are invited to make regular donations. For more information please contact

Volunteer Perspective

“I volunteered to run a craft session once a month at KMC and asked my friend Pat, who had worked in a day centre before she retired, to do this with me. Pat enjoys knitting and crochet work and craft in general.

We try to vary the craft each month. We have made flower arrangements using straw flowers (helichrysum) which I grew in my garden, dream catchers, origami boats and planes, Christmas cards and Easter decorations, calendars, paper chrysanthemums for the tables for the Platinum Ju-



bilee and the Coronation, to name a few. The members take home what they have made (the chrysanthemums after the parties).

Pat and I run craft and produce tables at all the KMC sales so are busy making things for these at home. If ever you fancy buying a

Can you help?

Volunteer opportunities:

- Regularly helping at KMC sessions,
- Occasional volunteering your specialist skills/talents at sessions
- Helping at fundraising events
- Assisting with grant applications, contacts, etc.

We arrange for all our regular volunteers to have a DBS check and we provide safeguarding and dementia awareness training.

Carers' Support Group

The group meets monthly alternating between Mondays and Thursdays and are always delighted to welcome new members .

“Kennington Memory Club has a monthly meeting which is a great support for us. We are able to meet and get to know new carers, share our problems and also have many laughs together.

Speakers of interest occasionally come and talk to us and provide us with any information we may need.

We are always greeted with a warm welcome, it is a great way for carers

Fundraising events

Fundraising is an essential part of the Kennington Memory Club's financial balancing act.

Organising events help raise the profile of the Club, making it more visible, whilst at the same time adding to the Club's income.

Upcoming events include :

June 24th Cream Tea and Summer Sale at St Swithun's Church, Kennington 2.30 – 4.30pm

July 15th Publicity stall and table top sale at Chawley Grove Care Home Summer Fayre, Cumnor Hill 11am – 3pm

August 26th Ladderthon event, carrying a ladder from Headington to Kennington, fundraising in conjunction with MacIntyre's and Headway, two other charities based in Kennington.



Bargains galore on the Homeware stall at our Spring Sale at St Nicolas' Church

Thank You

Grateful thanks are due to :

All Friends of Kennington Memory Club

Christ's Hospital of Abingdon Charity

St John's College,

St Nicolas' Church, Abingdon

Lions Club of Abingdon

Oxford Society of Friends (Quakers)

Tonks Funeral Directors

Donations made in memory of
Ruth Hooper, Sylvia Lowe and Brian Moss

If you would like to be involved with the Club's fundraising team, please contact Chris Foster on 01865 300345 or email jfauthor@aol.com



Contact Us

Call our organiser Helen:
07852 883 496

Email us :
kenningtonmc.info@gmail.com

Visit our website:
www.kenningtonmemoryclub.org.uk

